

# JKA BELGIUM

Stage L-L-N 2026

|                 | Sandan                   | Shodan - Nidan           | 1 Kyu                    | 2 - 3 Kyu                | 4 - 5 - 6 Kyu           | 7 - 8 - 9 Kyu            | Children             |
|-----------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------------|--------------------------|----------------------|
|                 | Hall A                   | Hall A                   | Hall B                   | Hall B                   | Hall A                  | Hall A                   | Hall A               |
| <b>Saturday</b> | <b>OGURA</b>             | <b>HAKIZUME</b>          | <b>SHIMIZU</b>           | <b>CARUSO Django</b>     | <b>OHTA</b>             | <b>TANIYAMA</b>          | <b>MULOLO J.</b>     |
| <b>10:30</b>    | JITTE                    | GANKAKU                  | BASSAI DAI               | BASSAI DAI               | HEIAN SANDAN            | HEIAN NIDAN              | H2                   |
| <b>12:00</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | how to use in kumite     | Ippon - Gohon Kumite    | how to use in kumite     | Rithm                |
|                 | Rithm-Important points   | Rithm - Important Points | Rithm - Application      | Rithm - Application      | Ippon - Gohon Kumite    | Rithm - Application      | Application          |
| <b>13:00</b>    | <b>TANIYAMA</b>          | <b>OGURA</b>             | <b>SAWADA</b>            | <b>SHIMIZU</b>           | <b>DI ANTONIO Raf</b>   | <b>OHTA</b>              | <b>HAKIZUME</b>      |
|                 | BASSAI SHO               | JITTE                    | BASSAI SHO               | BASSAI SHO               | JION                    | HEIAN SANDAN             | Kihon Ippon Kumite   |
| <b>14:30</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | how to use in kumite     | how to use in kumite    | how to use in kumite     | H2                   |
|                 | Rithm - Important Points | Rithm - Important Points | Kaeshi Ippon             | Rithm - Important Points | Rithm - Application     | Rithm - Application      |                      |
| <b>Sunday</b>   | <b>OHTA</b>              | <b>TANIYAMA</b>          | <b>OGURA</b>             | <b>VICAIRE</b>           | <b>SHIMIZU</b>          | <b>HAKIZUME</b>          | <b>KNOCKAERT</b>     |
| <b>10:30</b>    | CHINTE                   | BASSAI SHO               | KANKU DAI                | JION                     | HEIAN YONDAN            | HEIAN YONDAN             | Keishi Ippon Kumite  |
| <b>12:00</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | how to use in kumite     | how to use in kumite    | how to use in kumite     | Kata H3              |
|                 | Rithm - Tachi Kata       | Rithm - Important Points | Ho to use in kumite      | Rithm - important points | rithm-important pointz  | Rithm - important points |                      |
| <b>13:00</b>    | <b>HAKIZUME</b>          | <b>OHTA</b>              | <b>TANIYAMA</b>          | <b>OGURA</b>             | <b>VAN DE WALLE</b>     | <b>SHIMIZU</b>           | <b>DANGREMONT L.</b> |
|                 | GANKAKU                  | CHINTE                   | KANKU SHO                | SOCHIN                   | KANKU DAI               | HEYAN GODAN              | Uke Waza             |
| <b>14:30</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application  | how to use in kumite     | Kata H3              |
|                 | Rithm - Important Points | Rithm - Important Points | Rithm - Important Point  | Rithm - Important Point  | Rithm - Important Point | Rithm - Application      |                      |
| <b>Monday</b>   | <b>SHIMIZU</b>           | <b>LOREFICE</b>          | <b>OHTA</b>              | <b>TANIYAMA</b>          | <b>OGURA</b>            | <b>HONORE</b>            | <b>HAKIZUME</b>      |
| <b>10:00</b>    | NIJUSHIHO                | SOCHIN                   | JION                     | KANKU SHO                | TEKKI SHODAN            | TEKKI SHODAN             | Geri waza            |
| <b>11:30</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   |                          | how to use in kumite    | how to use in kumite     | Heian 4              |
|                 | Rithm - Important Points | Rithm - Important Points | Rithm - Important Point  | Rithm - Important Point  | Tachi Kata-Application  | Tachi Kata-Application   |                      |
| <b>12:00</b>    | <b>OGURA</b>             | <b>SHIMIZU</b>           | <b>HAKIZUME</b>          | <b>OHTA</b>              | <b>TANIYAMA</b>         | <b>HOEDT</b>             | <b>OTU J.</b>        |
|                 | GOJUSHIHODAI             | NIJUSHIHO                | SOCHIN                   | ENPI                     | BASSAI DAI              | BASSAI DAI               | koshi kaiten         |
| <b>13:15</b>    | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | Tachi Kata-Application   | how to use in kumite    | how to use in kumite     | Kata H4              |
|                 | Rithm - Important Points | Rithm - Application     | Rithm - Application      |                      |