

# JKA BELGIUM

Stage L-L-N 2025

	Sandan	Shodan - Nidan	1 Kyu	2 - 3 Kyu	4 - 5 - 6 Kyu	7 - 8 - 9 Kyu	Children
	Hall A	Hall A	Hall B	Hall B	Hall B	Hall A	Hall A
<b>Saturday</b>	<b>OGURA</b>	<b>NAKA</b>	<b>OHTA</b>	<b>HIROSE</b>	<b>HIROSE</b>	<b>SAWADA</b>	<b>DANGREMONT</b>
<b>10:30</b>	SOCHIN	BASSAI SHO	KANKU DAI	BASSAI DAI	Heian 2	Heian2	
<b>12:00</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	how to use in kumite	Ippon - Gohon Kumite	how to use in kumite	
	Rithm-Important points	Rithm - Important Points	Rithm - Application	Rithm - Application	Ippon - Gohon Kumite	Rithm - Application	
<b>13:00</b>	<b>NAKA</b>	<b>OGURA</b>	<b>SAWADA</b>	<b>OHTA</b>	<b>VERMEULEN</b>	<b>HOEDT</b>	<b>HIROSE</b>
	BASSAI SHO	SOCHIN	TEKKI 2	KANKU DAI	Heian 4	Kaeshi Ippon Kumite	
<b>14:30</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	how to use in kumite	how to use in kumite	how to use in kumite	
	Rithm - Important Points	Rithm - Important Points	Kaeshi Ippon	Rithm - Important Points	Rithm - Application	Rithm - Application	
<b>Sunday</b>	<b>OHTA</b>	<b>HIROSE</b>	<b>OGURA</b>	<b>VICAIRE</b>	<b>NAKA</b>	<b>NAKA</b>	<b>MULOLO Jonathan</b>
<b>10:30</b>	KANKU SHO	NJUSHIHO	JION	Kaeshi Ippon Kumite	Heian 1 Tai Sabaki	Heian 1 Tai Sabaki	
<b>12:00</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	how to use in kumite	how to use in kumite	how to use in kumite	
	Rithm - Tachi Kata	Rithm - Important Points	Ho to use in kumite	Rithm - important points	rithm-important pointz	Rithm - important points	
<b>13:00</b>	<b>HIROSE</b>	<b>OHTA</b>	<b>NAKA</b>	<b>OGURA</b>	<b>HONORE</b>	<b>DI ANTONIO</b>	<b>CARUSO Mathis</b>
	NJUSHIHO	KANKU SHO	ENPI	JION	Heian 3	Heian 3	
<b>14:30</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	how to use in kumite	
	Rithm - Important Points	Rithm - Important Points	Rithm - Important Point	Rithm - Important Point	Rithm - Important Point	Rithm - Application	
<b>Monday</b>	<b>NAKA</b>	<b>NAKA</b>	<b>LOREFICE</b>	<b>CARUSO Django</b>	<b>OGURA</b>	<b>HIROSE</b>	<b>ZAKARIA</b>
<b>10:00</b>	UNSU	UNSU	BASSAI DAI	TEKKI 1	Heian 5	Heian 4	
<b>11:30</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application		how to use in kumite	how to use in kumite	
	Rithm - Important Points	Rithm - Important Points	Rithm - Important Point	Rithm - Important Point	Tachi Kata-Application	Tachi Kata-Application	
<b>12:00</b>	<b>OGURA</b>	<b>OGURA</b>	<b>HIROSE</b>	<b>NAKA</b>	<b>OHTA</b>	<b>TOMA</b>	<b>PRESTI</b>
	GOJUSHIHOSHO	GOJUSHIHOSHO	HANGETSU	ENPI	Tekki Shodan	Heian 5	
<b>13:15</b>	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	Tachi Kata-Application	how to use in kumite	how to use in kumite	
	Rithm - Important Points	Rithm - Important Points	Rithm - Important Points	Rithm - Important Points	Rithm - Application	Rithm - Application	