

JKA Stage BRUSSELS NOV 2023

10/11/12/NOV/2023

Here I put some Kata but feel free, Please give your special!

| | Up to Shodan | 1+2+3 Kyu | 4-5-6 kyu | 7-8-9 kyu | children |
|--------------------|-----------------|--------------|-------------|-------------|---------------|
| (10/Nov) | L - 3 | L - 2 | L - 2 | L - 1 | L - 1 |
| Friday pm | OGURA | TAKECHI | TAKECHI | Vandenbergh | Vandenbergh |
| 17h-18h30 | (1) 54 ho DAI | B-D +Bunkai | B-D+ Bunkai | Ohyo- H/1/2 | H -1/2 |
| | L - 3 | L - 2 | L - 2 | L - 1 | |
| 18h45-20h00 | TAKECHI | Bertrand A | OGURA | MARCHAND S | MARCHAND |
| | (2) JITTE+ Ohyo | JION +Bunkai | H-3+4+5 | Kumite+oyo | 5 hon- Kumite |

| | L - 2 + 3 | L - 1 | L - 4 | L - 5 | L - 6 |
|--------------------|--------------|---------------|------------------|-----------------|--------------|
| (11/Nov) | | | | | |
| Saturday am | OGURA | NOEL J-P | SHIRI ALI | Van de mergel F | TAKECHI |
| 10h-11h30 | (3) UNSU+oyo | self-diffence | T-1 + Aplication | kihon-1 ppon | 1 hon-kumite |
| | L - 2 + 3 | L - 1 | L - 4 | L - 5 | L - 6 |
| 13h00-14h3 | (4) GNEO | TROCH J | VERMULEN | EVERAET T | OGURA |
| | CHINTE | EMPI +oyo | B-D + H5 | Kumite+oyo | H1/2/3 |

15h00

CEREMONY All participate welcome

17h

BUFFET Cafeteria All instructors and help members are welcome

| | L - 3 | L - 2 | L - 1 | L - 4+5+6 | |
|------------------|----------------|---------------|-----------------|--------------------|---------|
| (12/Nov) | | | | | |
| Sunday | TAKECHI | MEYER O | DEBROUX C | OGURA | OGURA |
| 10h-11h30 | (5) SOCHIN | HANGETSU | Kaeshi-jiyu-IIP | Kaeshi Kihon 1ppon | |
| | L - 1 + 2 + 3 | L - 1 + 2 + 3 | L 4 + 5 + 6 | L 4 + 5 + 6 | |
| 13h00-14h | (6) OGURA | OGURA | TAKECHI | TAKECHI | TAKECHI |
| | 15 KATA REPEAT | | | -Jiyu- ippon | |

| | | | | |
|----------------|----------------|------------------|----------------------------|------------|
| | Heian1 - 5 | Tekki-1/2/3 | Jitte/ Jiinn | Sochin |
| | Bassai Dai/Sho | Jion Empi | Wankan | 24-HO. |
| | Kankuu -dai/sh | 54 Ho-Dai / Sho. | Meikyo. / Chinte. / Gankai | |
| | Unsu | Hangetsu | | |
| 15h00 - | | | | Photo time |